## *Welcome* to your GrowthPlan+

We started Nutrafol because we experienced for ourselves how overwhelming hair thinning can be. Creating effective products was the first step, but we knew the missing piece was a strong foundation of resources and support to help people grow beyond thinning hair.

GrowthPlan+ is a trusted roadmap for hair health, personalized for you by our naturopathic doctors with comprehensive knowledge and expertise in this space. Starting with the Hair Mineral Analysis included here, they'll help you get to the root of your hair concerns so you can finally achieve the results you deserve.

We can't wait for you to get started on your path to success—and will be here to guide you every step of the way.

Giorgos Tsetis, Nutrafol Co-founder and CEO



## Your all-access, premium plan for hair health.



GrowthPlan+ offers the partnership and accountability you've been craving in your pursuit of stronger, healthier hair. You've taken the first step by signing up, now let us handle the rest.

- + Unlimited support and guidance from our naturopathic doctors.
- + In-depth Hair Mineral Analysis testing to uncover your root causes.
- + Every product you need to get the results you want.
- + A free Headspace membership to help you de-stress.

## Questions? Text +1 (929) 292-8335 for direct access to our naturopathic doctors